



Development Cycle Step: Assessment
Module 2: Entering Assessment Data into the Worksite Wellness Action Plan
Key Takeaways and Action Checklist

Key Takeaways

In this module you learned:

- 1. The key sections of the Assessment Section of the Worksite Wellness Action Plan (WWAP)**
 - A) Primary Employee Wellness Interests
 - B) Primary Population Health Risks
 - C) Health Insurance Cost/Implications
- 2. The data sources you will use to generate the information for the Assessment Section**

The Employee Wellness Interest Survey will tell you the top wellness interests of your employees. The state health data will tell you the most prevalent health risks among adults in your area. This information will be transferred into the appropriate categories of the Assessment Section of the Worksite Wellness Action Plan
- 3. Health Insurance Cost Implications**

Begin to think about the services available through your health insurance vendor or benefit broker. What services have you taken advantage of in the past and how can you partner in the future?

Action Items Checklist

- ☐ **1. Complete the Assessment Section of the WWAP**
Meet with your Wellness Committee to determine the information that will be inserted into the Assessment Section of the WWAP including:
- Primary Employee Wellness Interests
 - Primary Population Health Risks
 - Health Insurance/Cost Implications.