



XYZ Inc. Worksite Wellness Action Plan (WWAP) – Assessment

WORKSITE WELLNESS ACTION PLAN					
Name of Organization		XYZ Inc			
ASSESSMENT					
Employee Wellness Interests					
1	Sports League	2	Weight management program	3	Quitting tobacco
Employee Health Risks					
1	Low fruits and vegetables	2	Overweight and obesity	3	Insufficient exercise
Total Program Budget/Financial Considerations			Up to \$40,000		
Health Insurance/Cost Implications		Through the health plan employees can obtain the following services/care at no additional cost (no copay, no deductions): routine physical exams for adults, routine immunizations and screening tests. The plan also offers a Living Healthy Smoke Free Program with online and telephone support. The plan offers reimbursement for gym memberships and qualified weight management programs including Weight Watchers@Work. Additionally, there is a website devoted to healthy living, www.ahealthyme.com which offers interactive tools, a health assessment and wellness workshops. The wellness committee can work with the health plan to communicate these services to employees. The services related to top health interests and risks should take priority.			